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**BIENNIAL REVIEW**  
Drug-Free Schools and Campuses  
FY15 (Fall 2014-Spring 2015) – FY16 (Fall 2015-Spring 2016)  
Dakota State University  
820 North Washington Avenue. Madison, SD 57042

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December 2016

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Cc: Dr. Jo se-Marie Griffiths, President  
Dakota State University Vice Presidents Council

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## **I. DAKOTA STATE UNIVERSITY WELLNESS PROGRAMMING – MISSION STATEMENT**

It is the policy of Dakota State University to create and maintain a drug-free work and study environment. The improper use of controlled substances or alcohol is inconsistent with the professional and responsible behavior we expect of employees and students. It also subjects all employees, students, and visitors to our facilities to unacceptable health and safety risks and undermines Dakota State University's ability to operate effectively and efficiently.

The Dakota State University Student Success Center's mission is to develop a comprehensive system of resources that offer access to a full continuum of student based services aimed at reducing the negative and harmful effects that alcohol and other drug use have on student persistence, retention and academic success.

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## **II. ALCOHOL AND OTHER DRUG POLICY**

### **AOD POLICY APPLICATION & ENFORCEMENT**

Dakota State University Alcohol & Other Drug (AOD) Policy is in compliance with South Dakota Board of Regents policy 3.4 ([www.sdbor.edu/policy/Documents/3-4.pdf](http://www.sdbor.edu/policy/Documents/3-4.pdf)) please note this policy has been updated effective August 2016.

The DSU Student Success Center offers comprehensive student prevention and intervention strategies. Intervention strategies increase in intensity based on the strike-level and nature of the student violation. Dakota State University offers a full-continuum of services ranging from basic alcohol education to referrals for assessment and case management of formalized chemical dependency treatment. Combined with an effective student support network and a community/campus-wide referral system, DSU's Student Success Center offers programs and services designed to meet a wide range of student needs.

### **UNIVERSITY SANCTIONS & STUDENT SUCCESS CENTER PROGRAM REQUIREMENTS**

Policy guidelines allow for a combination of monetary fines, educational and/or treatment requirements and/or disciplinary probation based on the strike level of the violation. Student Success Center interventions and required directives increase in intensity based on strike level. All interventions are implemented with the goal of reducing recidivism rate. The Student Success Center contracts yearly with Community Counseling Services and Counseling Associates for the delivery of services at reduced rates for students either referred and/or court mandated to receive them.

**SANCTIONS & AOD PROGRAM REQUIREMENTS  
A BRIEF OVERVIEW**

	<u>ON-CAMPUS</u>	<u>OFF-CAMPUS</u>
<b><u>STRIKE 1 LEVEL</u></b>		
University Fine	N/A	N/A
Court Ordered Education	N/A	\$145.00
University assignment	Possible	Possible
Driving Privileges	N/A	Possible loss – 30 days
<b><u>STRIKE 2 LEVEL</u></b>		
University Fine	N/A	N/A
Court Ordered Education	N/A	\$150.00*
Disciplinary Probation	Minimum 1 term	Minimum 1 term
University service	Possible	Possible
Intensive Education	Possible/\$150.00*	Probable/\$150.00*
Chemical Assessment	Probable/\$75.00**	Probable/\$75.00**
Outpatient Treatment	Possible/cost varies	Possible/cost varies
12-Step Attendance	Optional	Optional
<b><u>STRIKE 3 LEVEL</u></b>		
University Fine	NA	NA
Court Ordered Education	N/A	Varies
Disciplinary Action	Probation/Suspension	Probation/Suspension
Chemical Assessment	Probable/\$75.00**	Probable/\$75.00**
Outpatient Treatment	Probable/cost varies	Probable/cost varies
12-Step Attendance	Optional	Optional
Inpatient Treatment	Possible/cost varies	Possible/cost varies

**ILLICIT DRUG OFFENSES**

Illicit Drug Possession – automatic Disciplinary Board level offense.  
 Illicit Drug Trafficking – minimum Suspension, possible Expulsion.

\*Contract for services with Community Counseling Services (CCS) reduces the overall cost of the court-ordered 12-hour Alcohol Education for referred DSU students. The total cost of the course is \$145.00. Referred DSU students will pay \$45.00 with the Student Success Center paying the remaining \$100.00.

\*Contract for services with CCS reduces the overall cost of the 16-hour Intensive Prevention Education for referred students. The total cost of the program is \$250.00. The Student Success Center pays \$100.00 with the student responsible for the remaining \$150.00.

\*\* Contract for services with CCS and Counseling Associates reduces the cost of a Chemical Dependency Assessment to \$150.00 for referred students. The Student Success Center then pays \$75.00 with the student responsible for the remaining \$75.00.

\*Contract for services with CCS reduces the overall cost of the court-ordered Driving Under the Influence (DUI) classes for referred students. The total cost of the program is \$240.00. The Student Success Center pays \$75.00 with the student responsible for the remaining \$165.00.

## **POLICY DISTRIBUTION PROCEDURES**

1. Student Handbook. The entire student handbook, including AOD policy and sanctions, has been available for access on the university website since 2000.
2. Student Orientation. AOD policy is reviewed at Student Orientation each term.
3. Residence Hall Meetings. AOD policy is discussed in detail at both all-hall and floor-only meetings the first two days of move-in.
4. GS 100. Reference to AOD policy and sanctions are included within the Freshman Success Seminar manual. Additionally, the Student Success Center does presentations with other personnel to individual classrooms throughout the year.
5. Faculty & Staff. AOD policy and sanctions are located and available for faculty/staff on the DSU website under policies. New employees sign off on all policies during their new employee orientation session. The policy information is also distributed in our monthly newsletter discussing our Employee Assistance Program (EAP) support services for faculty/staff.

## **STUDENT VIOLATIONS OF AOD POLICY during Reporting Period**

There were a total of 60 student violations of the AOD Policy during the reporting period FY15 + FY16.

### **TOTAL VIOLATIONS (60)**

FY15	42 Violations	70.0%
FY16	18 Violations	30.0%
Total	60 Violations	100.0%

### **VIOLATION BY STRIKE LEVEL**

1 <sup>st</sup> Strike	52	86.7%
2 <sup>nd</sup> Strike	7	11.7%
3 <sup>rd</sup> Strike	1	1.6%
4 <sup>th</sup> Strike	0	0.0%
Total	60	100.0%

### **VIOLATION BY TYPE**

Off-Campus	33	55%
On-Campus	27	45%
Total	60	100.0%

### **OFF-CAMPUS VIOLATIONS BY TYPE**

Minor in Consumption	26	79.0%
Driving Under Influence	1	3%
Drug Possession	6	18%
Common Nuisance	0	0%
Total	33	100.0%

### **TRENDS – VIOLATIONS BY REPORTING PERIOD**

FY99 – 89, FY00 – 77: 166  
FY01 – 74, FY02 – 62: 136  
FY03 – 73, FY04 – 52: 125  
FY05 – 49, FY06 – 49: 98  
FY07 – 56, FY08 – 50: 106  
FY09 – 56, FY10 – 40: 99  
FY11 - 88, FY12 – 48: 136  
FY13 – 35, FY14 – 83: 118  
FY15 – 42, FY16 – 18: 60

### **CONSIDERATIONS REGARDING POLICY AND STUDENT VIOLATIONS DURING REPORTING PERIOD**

- The data interpretations below indicate that while some rates of student violations continue to improve, there is still work to be done in the areas of both prevention and intervention.
  - The overall rate of student violations decreased since the last reporting period.
  - Student rate of repeat violations remains in 11-12% range.
  - Both on and off campus violations decreased.
  - Student underage consumption rates decreased while student drug possession rates increased since the last reporting period. The rate of driving under the influence remained the same since the last reporting period.

### III. STUDENT SUCCESS CENTER - COUNSELING SERVICES

DSU's Student Success Center offers student access to a full continuum of confidential, wellness, alcohol and other drug based services. Many of these services are provided "in-house" by our office at no charge to the student; other services are provided through direct referrals to outside service agencies and regional support networks.

The Student Success Center continues to see an increase in student self-referrals for comprehensive services. This may be due to increasing program visibility on campus, combined with the successful outcomes of students utilizing services.

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### IV. PROGRAMMING DURING REPORTING PERIOD

- **STUDENT SUCCESS CENTER.** Continued program assessment and evaluation are critical to success in reaching institutional student persistence and retention goals. For reasons, many times outside the locus of our control, a seeming growing percentage of students are not properly positioned for academic success upon arriving on campus. Combined with a seeming shrinking timeline due to institutional and system-wide academic performance requirements, there continues to be a significant increase in the demand for services and the resources (both human and technology) required to provide students.

Retention rates of students within programs utilizing the Student Success Center such as the academic probation program continue to exceed overall institutional retention rates during the reporting period.

- **PROGRAMMING** The following programs were offered by the Student Success Center during FY15 and FY16:
  - Directions – Directions is an education and intervention program developed for multiple alcohol and drug offenders. It focuses on motivations for use and goals for the future. Students referred to the program have had multiple alcohol violations in the halls and/or drug violations. Directions is based off the scientifically researched 'Choices' program.
  - Orientation Session on trends of ADOV in college
  - Bystander Intervention Presentations in First Year Seminars
  - Alcohol Jeopardy and Mocktails
  - Distributed Great American Smoke Out information and resources.
  - NCAA week events: Distracted Driving Simulation/Mario Kart and Handouts/Giveaways; #makeSMARTchoices Pledge and Mocktails
  - Lost & Found Awareness activities for Mental Health Awareness Month
  - Distracted Driving Simulator with Eric Majeres, Department of Highway Safety

- ASIST training for Faculty and Staff; intensive training for identifying and responding to suicidal situations.
- QPR (Question, Persuade, Respond) training with RA's; brief training for identifying and responding to suicidal situations.
- The Hook-Up – The Hook-Up engages audiences in a facilitated discussion about hooking-up, sexual assault and bystander intervention. The Hook-Up begins with a discussion on how gender stereotypes contribute to rape culture and harm survivors. Next, the program unpacks the practice of hooking-up, and identifies the differences between a healthy hook-up, a regretted hook-up and a sexual assault. The program explores the research of Dr. David Lasik and examines how perpetrators' modus operandi is often masked by the norms of contemporary hook-up culture. Finally, the program closes using the information we have learned about perpetrators' motives and behaviors in order to devise successful bystander intervention strategies, and decrease our community's tolerance for sexual predation.
- Fire and Ice Week events in conjunction with Residence Life and Student Activities: Condom Bingo; Sexual Health Fair, Pinterest Sexual Health board, Two to Tango
- Spring Break Information – Posters/Flyers
- Student Health 101 subscription for DSU students, staff and faculty
- Stress Free Week Activities; Student Health 101 registration
- Ongoing each month for 2014-2015 school year – Toilet Talks/Stall Street Journals in residence halls, Information boards in Trojan Center, 21<sup>st</sup> Birthday Cards, Facebook updates
- Sex Signals: Sex Signals is based on the following learning objectives: provides a definition of active consent, unpacks the importance and necessity of consent, explains the intersection of alcohol and sexual assault, frames rape as a moral issue, encourages the importance of bystander intervention, deconstructs the impact of rape on the victim (and the community), debunks myths surrounding rape, and survivors of violence
- Suicide Prevention Awareness Day – provide information on Suicide Awareness and Prevention, 'I'll be here tomorrow because' pledges and showing of 'To Write Love on Her Arms.'
- Sex Ed Boot Camp: The Sex Ed Boot Camp presentation covers the following objectives: 1. Understanding your own anatomy (male and female) 2. Preparing to protect yourself and your partner from disease and unplanned pregnancy with safer sex techniques for every act regardless of gender or orientation. 3. Owning and celebrating your sexuality, as you define it. 4. Learning to understand body issues and the pressures about how to orgasm, premature orgasm and the inability to orgasm are confronted and dispersed with a dose of love and laughter. 5. Taking responsibility for your own pleasure. 6. Learning how and when to share your body with a

partner, if you choose to. 7. Questioning your sexuality - what it means and learning to respect other people's choices. 8. Sexual responsibility - understanding boundaries and building mutual respect. 9. Alcohol, sex and you - learning where to draw your own line and knowing the law has a say. 10. Become more confident when making relationship choices, whether to date, become more serious, or decide to marry.

- The Student Success Center trained RA staff each semester. Topics included policy enforcement and procedures, available student resources, and training on relevant issues such as Acute Alcohol Intoxication: Signs, Symptoms, and Responses. The Student Success Center will continue this training and include additional wellness information such as sexual responsibility.

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## **V. WELLNESS PROGRAMMING STRENGTHS & CHALLENGES**

### **PROGRAM STRENGTHS**

- A refocused approach that is holistic, preventative, and harm-reducing.
- Application of AOD Policy to include off-campus alcohol and other drug related violations offers the opportunity to engage students - offering not only assistance in completing any or all court required interventions, but also the opportunity to educate students on the potential negative impact continued legal problems could have on future employment opportunities.
- An intervention model (DIRECTIONS) that focuses on harm-reduction rather than total abstinence which opens the lines of communication between counselor and student in order to establish ways to reduce the risk for further personal, health, and/or legal consequences.
- The Student Success Center visibility and perception as viable resource as evidenced by the increased numbers of student self-reporting of policy violations both on-and-off-campus, as well as student self-referrals for services.
- A strong Student Affairs Office/Residence Life commitment to DSU policy is evidenced by residence life staff training in detection and intervention strategies. Procedures for processing violations is communicated in all-hall and floor-only meetings to include expectations related to policy enforcement and related sanctions. Consistent collaboration with the Student Success Center in referring potential student incidents that do not rise to the level of an official policy violation, yet threaten student persistence and/or retention.
- Maintained a collaborative working relationship continues with the Madison Police Department and Lake County Court Services in case managing student off-campus violations. This allows us to effectively develop and monitor intervention strategies designed to reduce repeat offenses.



- Cooperative relationship continues with Community Counseling Services in the case management of students requiring either court and/or university mandated services. Our yearly contract for both mental health and AOD services has resulted in a substantial reduction in service costs for students. FY16 also included an additional service provider, Counseling Associates. Having multiple service providers available for students has helped to ensure students are comfortable with the provider they are working with. This continues to have a positive impact on student perception of university policy and the Student Success Center.
- The Student Success Center has developed the capacity and flexibility to implement program interventions based on individualized student need and/or degree of violation level severity. Student repeat offense rates continue to be low as a result.

## **PROGRAM CHALLENGES**

- According to a national survey, almost 60 percent of college students ages 18–22 drank alcohol in the past month,<sup>1</sup> and almost 2 out of 3 of them engaged in binge drinking during that same timeframe. (SAMHSA. 2014 National Survey on Drug Use and Health)
  - Encouraging students to voluntarily participate in awareness and prevention activities can always be a challenge to the college student population. Collaboration with our residence life staff and student success center staff has increased participation during this report period, and DSU will continue to look at methods of enhancing student engagement.
  - The Student Health 101 resource has begun to provide us with insight to evaluation. DSU is in the early stages of gathering data on student use trends and will continue to explore data collection methods. As DSU gains more insight into these trends we will develop programming around these areas of concern.
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## **VI. RECOMMENDATIONS FOR REVISION AND IMPROVEMENT**

- DSU will continue to increase the wellness and prevention programming based on various data sets.
- DSU will develop a committee to collaborate effectively across campus to enhance the well-being of students and faculty/staff.
- DSU will work with Human Resources and other offices across campus to provide a wellness needs survey and identify trends for DSU students and employees.
- DSU will continue development of the Student Success Center staff through professional development and continuing education.
- DSU will explore options to create and implement a comprehensive bystander intervention program, which will include training of faculty, staff, and students.

## **VII. Appendix**

**Student Handbooks Distributed Online to Students & Employees during Reporting Period.**

**South Dakota Board of Regents policy 3.4 ([www.sdbor.edu/policy/Documents/3-4.pdf](http://www.sdbor.edu/policy/Documents/3-4.pdf) )**

**DSU Student Handbook <http://dsu.edu/student-life/student-handbook>**

**DSU Policies <http://dsu.edu/policies>**