BIENNIAL REVIEW
Drug-Free Schools and Campuses
FY17 (Fall 2016-Spring 2017) – FY18 (Fall 2017-Spring 2018)
Dakota State University
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Cc: Dr. José-Marie Griffiths, President
   Dakota State University Vice Presidents Council
I. DAKOTA STATE UNIVERSITY WELLNESS PROGRAMMING – MISSION STATEMENT

It is the policy of Dakota State University to create and maintain a drug-free work and study environment (https://dsu.edu/assets/uploads/policies/02-74-00.pdf). The improper use of controlled substances or alcohol is inconsistent with the professional and responsible behavior we expect of employees and students. It also subjects all employees, students, and visitors to our facilities to unacceptable health and safety risks and undermines Dakota State University’s ability to operate effectively and efficiently.

The Dakota State University Student Success Center’s mission is to develop a comprehensive system of resources that offer access to a full continuum of student based services aimed at reducing the negative and harmful effects that alcohol and other drug use have on student persistence, retention and academic success.

II. ALCOHOL AND OTHER DRUG POLICY

AOD POLICY APPLICATION & ENFORCEMENT

Dakota State University Alcohol & Other Drug (AOD) Policy is in compliance with South Dakota Board of Regents policy 3.4 (www.sdbor.edu/policy/Documents/3-4.pdf) please note this policy has been updated effective December 2017.

The DSU Student Success Center offers comprehensive student prevention and intervention strategies. Intervention strategies increase in intensity based on the strike-level and nature of the student violation. Dakota State University offers a full-continuum of services ranging from basic alcohol education to referrals for assessment and case management of formalized substance use treatment. Combined with an effective student support network and a community/campus-wide referral system, DSU’s Student Success Center offers programs and services designed to meet a wide range of student needs.

Additionally, Dakota State University Athletics Department adopted policies and procedures for drug education and drug screening for student-athletes. The purpose of the program is to provide safe and equitable competition for student-athletes participating in Intercollegiate athletic program, consistent with the high ethical standards and the goals and objectives of the university.

UNIVERSITY SANCTIONS & STUDENT SUCCESS CENTER PROGRAM REQUIREMENTS

Policy guidelines allow for a combination of educational and/or treatment requirements and/or disciplinary probation based on the strike level of the violation. Student Success
Center interventions and required directives increase in intensity based on strike level. All interventions are implemented with the goal of reducing recidivism rate. The Student Success Center contracts yearly with Community Counseling Services and Kelly Johnson, LAC (Licensed Addiction Counselor) for the delivery of services at reduced rates for students referred.

**SANCTIONS & AOD PROGRM REQUIREMENTS**

**A BRIEF OVERVIEW**

1<sup>st</sup> Alcohol Violation  
Written Warning  
Community standards conversation with the hearing officer  
Meeting with the campus Student Support/Wellness Coordinator  
Brief alcohol behavior screening  
Appropriate educational resource material review and reflection assignment

2<sup>nd</sup> Alcohol Violation  
Letter of Reprimand  
Community standards conversation with the hearing officer  
Meeting with the campus Student Support/Wellness Coordinator  
Brief alcohol behavior screening  
Possible appropriate educational resource material review and reflection and/or participation in an individual or group intervention and prevention program  
Period of disciplinary probation to be no less than one academic semester which must include either a fall or spring semester

3<sup>rd</sup> Alcohol Violation  
Student Code of Conduct Board  
Meeting with the campus Student Support/Wellness Coordinator  
Likely assessment referral and 100% compliance with all recommendations  
Participation in an individual or group intervention and prevention program  
Possibility of suspension from the Board of Regents system for a period of no less than one academic semester which must include either a fall or spring semester

1<sup>st</sup> chemical substance violation  
Written Warning  
Meeting with the Student Support/Wellness Coordinator  
Brief controlled substance behavior screening  
Appropriate educational resource material review and reflection assignment

2<sup>nd</sup> chemical substance violation  
Letter of Reprimand  
Meeting with the Student Support/Wellness Coordinator  
Brief controlled substance behavior screening  
Possible appropriate educational resource material review and reflection and/or participation in an individual or group intervention and prevention program
Period of disciplinary probation to be no less than one academic semester which must include either a fall or spring semester

3rd chemical substance violation
Student Code of Conduct board
Meeting with the campus Student Support/Wellness Coordinator
Likely chemical use assessment referral and 100% compliance with all directives
Likely consideration of suspension from the university for a period of no less than one academic year which must include a fall and spring semester

***Contract for services with Community Counseling Services reduces the cost of a substance use assessment to $180.00 for referred students. The Student Success Center then pays $95.00 with the student responsible for the remaining $95.00.

***Contract for services with Kelly Johnson, LAC reduces the cost of a substance use assessment to $120 for referred students. The Student Success Center then pays $60.00 with the student responsible for the remaining $60.

POLICY DISTRIBUTION PROCEDURES

1. Student Handbook. The entire student handbook, including AOD policy and sanctions, has been available for access on the university website since 2000.

2. Student Orientation. AOD policy is reviewed at Student Orientation each term.

3. Residence Hall Meetings. AOD policy is discussed in detail at both all-hall and floor-only meetings the first two days of move-in.

4. The Student Success Center does presentations with other personnel to individual classrooms throughout the year.

5. Faculty & Staff. AOD policy and sanctions are located and available for faculty/staff on the DSU website under policies. New employees sign off on all policies during their new employee orientation session. The policy information is also distributed in our newsletter discussing our Employee Assistance Program (EAP) support services for faculty/staff.
STUDENT VIOLATIONS OF AOD POLICY During Reporting Period

There were a total of 45 student violations of the AOD Policy during the reporting period FY17 + FY18.

**TOTAL VIOLATIONS (60)**

<table>
<thead>
<tr>
<th></th>
<th>FY17</th>
<th>FY18</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Violations</td>
<td>25</td>
<td>20</td>
<td>45</td>
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<tr>
<td>Percentage</td>
<td>55.0%</td>
<td>45.0%</td>
<td>100.0%</td>
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**VIOLATION BY STRIKE LEVEL**

<table>
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<th>Strike Level</th>
<th>FY17</th>
<th>FY18</th>
<th>Total</th>
</tr>
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<tbody>
<tr>
<td>1\textsuperscript{st} Strike</td>
<td>40</td>
<td></td>
<td>60</td>
</tr>
<tr>
<td>2\textsuperscript{nd} Strike</td>
<td>5</td>
<td></td>
<td>11%</td>
</tr>
<tr>
<td>3\textsuperscript{rd} Strike</td>
<td>0</td>
<td></td>
<td>0.0%</td>
</tr>
<tr>
<td>4\textsuperscript{th} Strike</td>
<td>0</td>
<td></td>
<td>0.0%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>60</td>
<td></td>
<td>100.0%</td>
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</tbody>
</table>

**VIOLATION BY TYPE**

<table>
<thead>
<tr>
<th>Type</th>
<th>FY17</th>
<th>FY18</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Off-Campus</td>
<td>2</td>
<td></td>
<td>5%</td>
</tr>
<tr>
<td>On-Campus</td>
<td>43</td>
<td></td>
<td>95%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>45</td>
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**OFF-CAMPUS VIOLATIONS BY TYPE**

<table>
<thead>
<tr>
<th>Type</th>
<th>FY17</th>
<th>FY18</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td>Minor in Consumption</td>
<td>0</td>
<td></td>
<td>0%</td>
</tr>
<tr>
<td>Driving Under Influence</td>
<td>0</td>
<td></td>
<td>0%</td>
</tr>
<tr>
<td>Drug Possession</td>
<td>2</td>
<td></td>
<td>100%</td>
</tr>
<tr>
<td>Common Nuisance</td>
<td>0</td>
<td></td>
<td>0%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>2</td>
<td></td>
<td>100.0%</td>
</tr>
</tbody>
</table>

**TRENDS – VIOLATIONS BY REPORTING PERIOD**

- FY99 – 89
- FY00 – 77: 166
- FY01 – 74
- FY02 – 62: 136
- FY03 – 73
- FY04 – 52: 125
- FY05 – 49
- FY06 – 49: 98
- FY07 – 56
- FY08 – 50: 106
- FY09 – 56
- FY10 – 40: 99
- FY11 – 88
- FY12 – 48: 136
- FY13 – 35
- FY14 – 83: 118
- FY15 – 42
- FY16 – 18: 60
- FY17 – 25
- FY18 – 20: 45
CONSIDERATIONS REGARDING POLICY AND STUDENT VIOLATIONS DURING REPORTING PERIOD

- The data interpretations below indicate that while some rates of student violations continue to improve, there is still work to be done in the areas of both prevention and intervention.
  - The overall rate of student violations decreased since the last reporting period.
  - Student rate of repeat violations remains in 11-12% range.
  - Both on and off campus violations decreased.

III. STUDENT SUCCESS CENTER - COUNSELING SERVICES

DSU's Student Success Center offers student access to a full continuum of confidential, wellness, alcohol and other drug based services. Many of these services are provided "in-house" by our office at no charge to the student; other services are provided through direct referrals to outside service agencies and regional support networks.

The Student Success Center continues to see an increase in student self-referrals for comprehensive services. This may be due to increasing program visibility on campus, combined with the successful outcomes of students utilizing services.

IV. PROGRAMMING DURING REPORTING PERIOD

- **STUDENT SUCCESS CENTER.** Continued program assessment and evaluation are critical to success in reaching institutional student persistence and retention goals. For reasons, many times outside the focus of our control, a seeming growing percentage of students are not properly positioned for academic success upon arriving on campus. Combined with a seeming shrinking timeline due to institutional and system-wide academic performance requirements, there continues to be a significant increase in the demand for services and resources (both human and technology) required to provide students.

- **PROGRAMMING** The following programs were offered by the Student Success Center during FY17 and FY18:
  - Directions – Directions is an education and intervention program developed for multiple alcohol and drug offenders. It focuses on motivations for use and goals for the future. Students referred to the
program have had multiple alcohol violations in the halls and/or drug violations. Directions is based off the scientifically researched ‘Choices’ program.

- Orientation Session focused on trends of ADOV in college
- Bystander Intervention Presentations in First Year Seminars
- Alcohol Jeopardy and Mocktails
- Distributed Great American Smoke Out information and resources.
- NCAAW week events: Distracted Driving Simulation/Mario Cart and Handouts/Giveaways; #makeSMARTchoices Pledge and Mocktails
- Lost & Found/Stomp Out Stigma (S.O.S.) Awareness activities for Mental Health Awareness Month
- ASIST training for faculty and staff. This is an intensive training for identifying and responding to suicidal situations.
- Fire and Ice Week - Events in conjunction with Residence Life and Student Activities: Condom Bingo; Sexual Health Fair, Pinterest Sexual Health board, Two to Tango, Health Jeopardy
- Spring Break Information – Posters/Flyers
- Student Health 101 subscription for DSU students, faculty, and staff
- Stress Free Week Activities; Student Health 101 registration
- Ongoing each month year – Stall Street Journals in residence halls, library and Learning Engagement Center, information boards in Trojan Center, 21st Birthday Cards, Facebook updates
- Suicide Prevention Awareness Day – provide information on Suicide Awareness and Prevention, ‘Reasons to stay’ pledges, giveaways, semicolon promise.
- Sex Ed Boot Camp - The Sex Ed Boot Camp presentation covers the following objectives: 1. Understanding your own anatomy (male and female) 2. Preparing to protect yourself and your partner from disease and unplanned pregnancy with safer sex techniques for every act regardless of gender or orientation. 3. Owning and celebrating your sexuality, as you define it. 4. Learning to understand body issues and the pressures about how to orgasm, premature orgasm and the inability to orgasm are confronted and dispersed with a dose of love and laughter. 5. Taking responsibility for your own pleasure. 6. Learning how and when to share your body with a partner, if you choose to. 7. Questioning your sexuality - what it means and learning to respect other people's choices. 8. Sexual responsibility - understanding boundaries and building mutual respect. 9. Alcohol, sex and you - learning where to draw your own line and knowing the law has a say. 10. Become more confident when making relationship choices, whether to date, become more serious, or decide to marry.
- The Student Success Center trained RA staff each semester. Topics included policy enforcement and procedures, available student resources, and training on relevant issues such as Acute Alcohol Intoxication: Signs, Symptoms, and Responses. The Student
Success Center will continue this training and include additional wellness information such as sexual responsibility.

- Additionally, the following programs were offered and/or encouraged to attend by Residence Life during FY17 and FY18:
  - Alcohol use programming, some of these were in conjunction with the Campus Safety and Security Officer. Activities included some faux impaired driving activities, alcohol information, and questions for the officer.
  - Human Trafficking program that included having a student speak about their experience in a situation (student requested to do this).
  - We encouraged participation at the Sex and the Law presentation for students.
  - There were a number of alcohol alternative programs provided throughout the year to help combat the “there’s nothing to do in Madison” statement. These included game nights, social outings, etc.
  - De-stress programs prior to finals week. These were more focused on academic preparedness and time management with destress activities.
  - GreenDot Training for the RAs during Winter Training. Bystander intervention training during fall training was also provided.
  - Professional staff attended ASIST training.

V. WELLNESS PROGRAMMING STRENGTHS & CHALLENGES

PROGRAM STRENGTHS

- A refocused approach that is holistic, preventative, and harm-reducing.
- Application of AOD Policy to include off-campus alcohol and other drug related violations offers the opportunity to engage students - offering not only assistance in completing any or all court required interventions, but also the opportunity to educate students on the potential negative impact continued legal problems could have on future employment opportunities.
- An intervention model (DIRECTIONS) that focuses on harm-reduction rather than total abstinence which opens the lines of communication between counselor and student in order to establish ways to reduce the risk for further personal, health, and/or legal consequences.
- The Student Success Center visibility and perception as viable resource as evidenced by the increased numbers of student self-reporting of policy violations both on-and-off-campus, as well as student self-referrals for services.
- A strong Student Affairs Office/Residence Life commitment to DSU policy is evidenced by residence life staff training in detection and intervention strategies. Procedures for processing violations is communicated in all-hall and floor-only meetings to include expectations related to policy enforcement and related sanctions. Consistent collaboration with the Student Success Center in referring
potential student incidents that do not rise to the level of an official policy violation, yet threaten student persistence and/or retention.

- Cooperative relationship continues with Community Counseling Services in the case management of students requiring either court and/or university mandated services. Our yearly contract for both mental health and AOD services has resulted in a substantial reduction in service costs for students. Having multiple service providers available for students has helped to ensure students are comfortable with the provider they are working with. This continues to have a positive impact on student perception of university policy and the Student Success Center.

- The Student Success Center has developed the capacity and flexibility to implement program interventions based on individualized student need and/or degree of violation level severity. Student repeat offense rates continue to be low as a result.

- Dakota State University developed a committee to collaborate effectively across campus to enhance the well-being of students and faculty/staff. This committee discusses and plans activities and programming for students, faculty and staff.

- Dakota State University is implementing Green Dot, a comprehensive bystander intervention program, which includes training of faculty, staff, and students.

**PROGRAM CHALLENGES**

- According to a national survey, almost 60 percent of college students ages 18–22 drank alcohol in the past month, and almost 2 out of 3 of them engaged in binge drinking during that same timeframe. (SAMHSA. 2016 National Survey on Drug Use and Health)

- Encouraging students to voluntarily participate in awareness and prevention activities can always be a challenge to the college student population. Collaboration with our residence life staff and student success center staff has increased participation during this report period, and DSU will continue to look at methods of enhancing student engagement.

- The Student Health 101 resource provides us with insight to evaluation. DSU is in the early stages of gathering data on student use trends and will continue to explore data collection methods. As DSU gains more insight into these trends we will develop programming around these areas of concern.
VI. RECOMMENDATIONS FOR REVISION AND IMPROVEMENT

- DSU will continue to increase the wellness and prevention programming based on various data sets.
- DSU will work with the Office of Institutional Research and other offices across campus to provide a wellness needs survey and identify trends for DSU students and employees.
- DSU will continue development of the Student Success Center staff through professional development and continuing education.

VII. Appendix

Student Handbooks Distributed Online to Students & Employees during Reporting Period.
South Dakota Board of Regents policy 3.4 (www.sdbor.edu/policy/Documents/3-4.pdf)
DSU Student Handbook http://dsu.edu/student-life/student-handbook
DSU Policies http://dsu.edu/policies