STUDENT LEARNING OUTCOMES
B.S. Exercise Science

Upon completion of the B.S. degree in Exercise Science, students will:

- demonstrate understanding of the structure and function of the human body.
- demonstrate understanding and participate in research in exercise science.
- demonstrate understanding of the relationship between physical activity, health, and nutrition.
- demonstrate understanding of ways to maintain health throughout the lifespan.
- demonstrate ability to perform, teach, and evaluate physical activity skills.
- understand the basic principles of exercise testing and prescription for the general population and athletes.