## WHAT SHOULD I DO

# if I tested positive for COVID-19 or have symptoms, regardless of vaccination?

#### Stay home for at least 5 days

- · Isolate from others in your home
- · Wear a well-fitting mask if you must be around others in your home
- Do not travel

#### **Ending isolation if you had symptoms**

• End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving

#### Ending isolation if you did NOT have symptoms

• End isolation after at least 5 full days after your positive test

### If you get very sick from COVID-19 or have a weakened immune system

You should isolate for at least 10 days. Consult your physician before ending isolation

#### Take precautions until day 10

- Wear a well-fitting mask for 10 full days any time you are around others inside your home or in public
- Do not travel until a full 10 days after your symptoms started or the date your positive test was taken if you had no symptoms
- Avoid being around people who are more likely to get very sick from COVID-19

#### **CALCULATING ISOLATION:**

Day 0 is your first day of symptoms or a positive viral test. Day 1 is the first full day after your symptoms developed or your test specimen was collected.

#### FREE COVID-19 Rapid Testing on DSU's Campus

Call 605-256-7678 to schedule your appointment.

